



















September 2022

Byram Lakes Elementary School

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 	2
5 	6  <ul style="list-style-type: none">• BBQ Chicken Cheddar Melt• Seasoned Sweet Potato Waffle Fries• Country Coleslaw• Lemon Cherry Swirl Sorbet	7  <ul style="list-style-type: none">• Emoji Waffles• Mixed Berry Compote• Breakfast Sausages• Hash Browns	8 <ul style="list-style-type: none">• Hot Dog Sliders• BBQ Baked Beans• Corn on the Cob	9  <ul style="list-style-type: none">• Bella's Pizza• Freshly Prepared Caesar Salad
12  <ul style="list-style-type: none">• Creamy Mac & Cheese with Assorted Toppings• Herb Breadstick• Sauteed Broccoli	13  <ul style="list-style-type: none">• Chicken Tenders• Soft Pretzel Stick• Ranch Fries	14 <ul style="list-style-type: none">• Meatball Parm Sub• Fresh Veggie Dippers	15 <ul style="list-style-type: none">• Sweet and Sour Popcorn Chicken• Vegetable Fried Rice• Stir-Fry Vegetables• Vegetable Egg Roll	16 <ul style="list-style-type: none">• Pizza Crunchers with Marinara Sauce• Freshly Prepared Garden Salad
19  <ul style="list-style-type: none">• Hamburger on a Bun or Cheeseburger on a Bun• Sweet Potato Fries	20  <ul style="list-style-type: none">• Loaded Tot-Chos• Mini Cornbread Loaf	21 <ul style="list-style-type: none">• Pasta with Meat Sauce• Garlic Breadstick• Freshly Prepared Spring Mix Salad	22  <ul style="list-style-type: none">• Egg, Sausage and Cheese on a Croissant• Hash Browns	23  <ul style="list-style-type: none">• Pizza Quesadilla with Salsa and Sour Cream• Corn Salad• Cinnamon Churro
26  <ul style="list-style-type: none">• Popcorn Chicken Mashed Potato Bowl with Corn, Shredded Cheddar Cheese, and Gravy• Warm Biscuit• Local Fresh Apple	27  <ul style="list-style-type: none">• Grilled Cheese Sticks• Tomato Soup• Cucumber Coins	28  <ul style="list-style-type: none">• Sweet and Sour Popcorn Chicken• Vegetable Lo Mein• Mandarin Oranges	29  <ul style="list-style-type: none">• Black Bean & Cheese Empanada• Sweet Plantains• Fresh Red Pepper Dippers	30  <ul style="list-style-type: none">• Pizzaboli• Tomato Salad

*Menu is Subject to Change

Lunch Served with Choice of: Fresh Fruit, Assorted Chilled Fruit, 100% Fruit Juice, Variety of Vegetables from our Harvest Market, 1% White Milk, Fat Free Chocolate Milk



QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow
healthy kids!